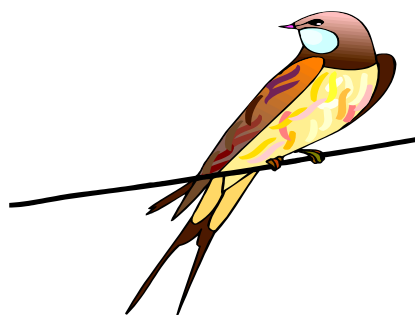


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A WARM WELCOME
TO THE
SWALLOW INN
& RESTAURANT

~ A PRIVATELY RUN COUNTRY INN
AND RESTAURANT OWNED
BY DAVID JAMES BUTLER

*Weddings & Private Parties
Our Pleasure*

Tel: 01472 371250

www.theswallowinn.co.uk

..... in the beginning

King Prawns In Filo Pastry

~ sweet chilli dipping sauce & dressed leaves £4.95

Fresh Mushroom Shroomies

~ slices of fresh mushrooms coated in a ciabatta crumb, deep fried and served with garlic & herb mayonnaise & dressed leaves £4.95

Haddock & salmon Fishcakes

~ homemade tartare sauce, dressed leaves £3.95

Chef's Soup Of The Day

~ a team member will advise you on today's choice £3.95

Homemade Free Range Chicken Liver Pate

~ homemade fruit compote, crusty bread & dressed leaves £4.95

Gorgonzola & Pancetta Salad

~ with walnuts, cherry tomatoes & dressed leaves £4.95

Melon & Parma Salad

~ mint mango coulis, rocket & toasted pine nuts £4.95

Ciabatta Crostini Duo

~ one with diced tomato, red onion & basil the other with garlic & olive oil £2.95

Prawn Knickerbocker

~ chilled prawns bound in a light spicy mayonnaise & towered over dressed leaves £4.95

~ please see our specials board
for a selection of specials

Swallow Two 4 One Menu

How Does The Two 4 One Work ??

When two people order a main course we will give you the lower priced main course FREE!, so if you have a party of 10 people your 5 lowest priced meals are complementary !

PLEASE NOTE WE DO NOT PRODUCE SEPARATE BILLS FOR ANY TABLES. ON THIS MENU, OUR POLICY IS ONE BILL PER TABLE ONLY

" all special main courses on the blackboards are also 2 4 1 "

Your Main Course Two 4 One Selections

Prime Wholetail Whitby Scampi

- with chipped potatoes, garden peas,
lemon and tartare sauce £11.95

Oscar Cleves Fresh Grimsby Haddock

- chipped potatoes, mushy peas, lemon and tartare sauce £11.95

Homemade Beef Lasagne

- freshly made and served with house salad & garlic bread £10.95

Free Range Chicken Caesar Salad

-with a homemade Caesar dressing & croutons £10.95

Homemade Steak & Ale Pie

- with rich stock gravy, chipped potatoes
& fresh seasonal vegetables £10.95

Free Range Peppercorn Chicken Supreme

- masked with a rich peppercorn sauce,
with new potatoes & fresh vegetables £14.95

8 oz Fresh Lincolnshire Gammon Steak

- topped with a free range fried egg, served with
chipped potatoes and garden peas £11.95

Free Range Cheddar Chicken Supreme

- served on creamy chive mash with a homemade smoked cheddar
cream sauce & fresh vegetables £14.95

Fresh Lincolnshire Pork Chop

- with a rich Magners cider gravy, served with boulangère
potatoes and fresh vegetables £14.95

Fresh Lincolnshire Sausages

-on creamy mashed potato with fresh vegetables
& a rich onion stock gravy £10.95

" all special main courses on the blackboards are also 2 4 1 "

Your Main Course Two 4 One Selections

Roasted Vegetable Panzotti

~ pasta parcels stuffed with mozzarella, sundried tomato, olives, & a cream roasted vegetable & parmesan sauce, with a cheese topping £12.95

Swallow Inn Surf n Turf

~ 100z prime Sirloin steak, with 6 pieces of whitby whole tail scampi, served with fries & salad £17.95

Rick Steins Posh Fish & Chips

~ strips of fresh haddock deep fried in a special beer batter, served with minted mushy peas, chipped potatoes and tartare sauce £14.95

Swallow Homemade Fish Pie

~ the finest fresh fish poached in a creamy sauce, topped with cheddar potatoes & served with fresh vegetables £14.95

Trio Of Lincolnshire Lamb Chops

~ on creamy mashed potato with fresh vegetables and a rich mint stock gravy £15.95

Mediterranean Vegetable Wellington

~ two puff pastry parcels, stuffed with fresh Mediterranean vegetables, confit tomatoes and brie. Served with sweet red pepper sauce, house dressed salad & new potatoes £12.95

Classic Fillet Of Beef Stroganoff

~ strips of beef fillet cooked to a traditional recipe served with rice, salad and garlic bread £19.95

Chinese Vegetable Stir Fry

~ crunchy vegetables wok fried with soy sauce, sesame oil & hoisin. Set on noodles and served with prawn crackers and a mixed leaf salad £12.95

And On A Sunday "Roast Lunches"

~ choose from Sirloin of beef or 1/2 roast chicken with Yorkshire pudding, roasted potatoes, stuffing, sausage, rich stock gravy and fresh vegetables £11.95

Side Orders & Homemade Sauces £1.95

Garlic bread House side salad Seasoned Chips
Bread basket & dip Beer Battered Onion rings
Sautéed mushrooms Green Salad

Peppercorn sauce / Gorgonzola sauce / Classic Rossini sauce

**PLEASE NOTE THE MAIN COURSES BELOW
ARE NOT ON THE 2 4 1 OFFER**

Steaks, Grills & Gastro Dishes

Fresh 8 oz Prime Rump Steak

~ a very popular cut, best eaten with a sauce £9.95

Fresh 10 oz Prime Sirloin Steak

~ trimmed to leave just enough fat for cooking £14.95

Fresh 12 oz Prime Rib Steak

~ with a higher fat content, but very tasty £14.95

Fresh 10 oz Prime Fillet Steak

~ said to be the finest, most tender & lean cut £17.95

The Swallow Mixed Grill

~ cooked with the finest produce... 8oz rump steak,
8oz gammon, lamb cutlet, Lincolnshire sausage, mushrooms,
onion rings, grilled tomato & a fried egg. £17.95

~all of our fresh steaks & grills are cooked to order and served with
grilled tomato, fried mushrooms, onion rings, fries & house dressed salad

Sea & Land

~ a prime 12oz rib eye steak topped with breaded king prawns
served with house dressed salad & fries £15.95

Entrecôte Bordelaise

~ 10oz Prime Sirloin steak chargrilled to your liking and smothered
in a rich red wine sauce of tomatoes, onions & mustard & finished with
fresh cream. Served with fresh vegetables & new potatoes £15.95

Classic Roast Fillet Of Beef Rossini

- with pate, herbed crostini, flavoured with Brandy and finished
with a cream and mushroom sauce. Served with
fresh vegetables & new potatoes £19.95

Roast Rack Of Lincolnshire Lamb

- marinated with garlic, lemon and rosemary, carved and served
on boulangère Potatoes with a mint jus & fresh vegetables £14.95

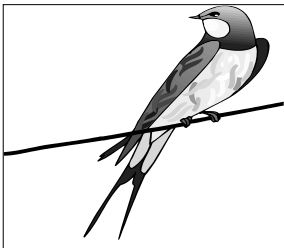
Fresh Lincolnshire Roast Duck Breast

- on a bed of caramelised red cabbage, surrounded by a port wine jus
served with fresh vegetables & new potatoes £12.95

Side Orders & Homemade Sauces £1.95

Garlic bread House side salad Seasoned Chips
Bread basket & dip Beer Battered Onion rings
Sautéed mushrooms Green Salad

Peppercorn sauce / Gorgonzola sauce / Classic Rossini sauce



Swallow Inn Light Bites

Sandwiches, Salads And Jackets

- not available Friday And Saturday Evenings In The Restaurant

Sandwiches £4.95.....

in white or brown crusty, sliced white bloomer, flowered bap
or olive ciabbata, served with fries & our house dressed salad garnish ..

Chargrilled Free Range Chicken ~ with mayonnaise

Chargrilled Aberdeen Angus Steak ~ with fried Onions

Cheese & Red Onion -with homemade fruit compote

The Famous BLT -bacon, lettuce and tomato

Fresh Lincolnshire Sausage -with fried onion

Succulent Norwegian Prawns -with Marie Rose sauce

Jacket Potatoes £3.95.....

-with house dressed salad garnish

- with Cajun free range chicken

- with beans & coleslaw

- with prawns and Marie Rose sauce

- with grated house cheese

House Salads £7.95

- a large bowl of our house dressed salad with.....

Char Grilled Free Range Chicken

Three Cheese & Red Onion

Char Grilled Scottish Salmon

Prime Aberdeen Angus Steak

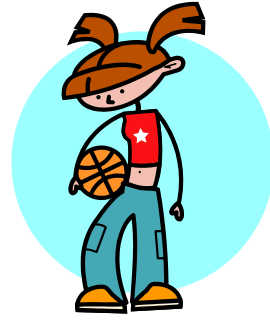
Sides Orders £1.95

Bowl Of Seasoned Chips

House Dressed Salad

Jacket Potato With Butter

FOR OUR YOUNGER GUESTS



HOMEMADE FISH FINGERS AND CHIPS

- our famous fresh haddock cut into strips and deep fried in our homemade batter, served with mushy peas and chips

FRESH LINCOLNSHIRE SAUSAGES

- served with mash or chipped potatoes and a choice of baked beans or peas



DEEP FRIED WHOLETAIL SCAMPI

- with chipped potatoes and beans or peas

HOMEMADE CHICKEN NUGGETS

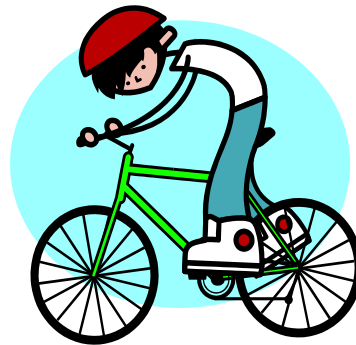
- made with only fresh breast, served with chipped potatoes and beans or peas

HOMEMADE 100% BEEFBURGERS

- served in a toasted bun with chipped potatoes and beans or peas

FRESH CHARGRILLED CHICKEN BREAST

- with fries and salad or peas / beans



ALL DISHES £3.95
INCLUDING
A FREE ICE CREAM
FOR ALL CLEAN PLATES!